

The Twelve Steps

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.
12. Having a spiritual awakening as the result of these steps, we tried to carry his message to alcoholics, and to practice these principles in all our affairs.

The Twelve Traditions

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Please note: Information provided in this schedule is as current as the information available on the publication date. Updates and / or corrections are the responsibility of individual groups, if they wish to be included.

To make changes to this schedule, please call 355-8126 or 695-8460

Meeting Schedule



Responsibility Declaration

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that:
I am responsible.

September 2008

Alcoholics Anonymous Meetings

(C) **Closed Meetings** are for AA Members only or for those who have a drinking problem and have a desire to stop drinking.

(O) **Open Meetings** are available to anyone interested in the Alcoholics Anonymous Program of recovery from alcoholism.

Non-alcoholics may attend open meetings as observers. At both types of meetings, the AA chairperson may request that participants confine their discussion to matters pertaining to recovery from alcoholism.

(NS)= Non=Smoking

Cache Group

Meets: 3rd & C Avenue, Cache (678-2990)
(355-5204-355-7273, and 248-2706)

(O) Discussion Mon. 8:00pm

(O) Discussion Thur. 8:00pm

(O) Last Monday of month is Birthday Night
* Potluck * Bring a covered dish *

The Caduceus Group

Meets: 5402 SW Lee Blvd, (Southwestern Medical Office Bldg., Ste. 357)

(O) Meeting Tues. 6:30-7:30 pm - NS

"F" Street Original Group

Meets: 1204 SW F Avenue (353-9592)

Meets Daily at 6 am, 8 am, 10 am, Noon, 5:30 pm and 8 pm
(Tues 5:30 pm and Wed 8:00 pm NS)

Other Meetings:

(C) Candlelight Sun. 8 pm

(O) Speaker's Meeting Fri. 8 pm-NS

(C) Candlelight/12 Step Fri. 10:30 pm

(C) Candlelight/12 Step Sat. 10:30 pm

(O) Last Friday of Month is Birthday Night * Potluck * Bring a covered dish *

Monday Night Group

Meets: 2602 NW Ferris, (First United Methodist Church)
(355-5204-355-7273, and 248-2706)

(C) Big Book Study Mon. 7-8:30pm-NS

Open Door

Meets: 1816 NW Liberty (353-9742)

(C) Brown Bag Every week day Noon

(O) Brown Bag Sun. Noon

(C) Discussion Sun. 7 pm

(C) Big Book Study Mon. 8 pm

(O) Beginners-Steps 1,2,3 Tues. 8 pm

(O) CQ Choice Wed. 8 pm

(C) Steps/Traditions Thu. 8 pm

(O) Speaker's Meeting Fri. 8 pm - NS
Last Friday * Birthday Night * Bring Covered Dish

(O) Brown Bag Sat. Noon

(C) Discussion Sat. 8 pm

(O) Candlelight Sat. 10 pm

Saturday Women's Group

Meets: 1st Saturday - Helen Holiday House - 411 W. Gore, Lawton, OK 73501
(512-7068)

(O) Twelve & Twelve Study Sat. 10:30am-NS

Meets: 2nd Saturday - Pathway House - 1202 SW A Ave., Lawton, OK 73501
(512-7068)

(O) Twelve & Twelve Study Sat. 10:30am-NS

Meets: 3rd thru 5th Saturday's—Member's Homes - Call 512-7068 for location

(C) Twelve & Twelve Study Sat. 10:30am-NS

Spirit Winds AA Group

Meets: 1401 NE Laurie Tatum Road - Ft. Sill Indian School
Campus - Bldg. 195, Lawton, OK 73501 (248-3654)

(C) Discussion Sat. 2 pm

(C) Potluck * Bring covered dish 2nd Sat. 1 pm

(C) Speaker's Meeting 2nd Sat. 2 pm

Unity Group

Meets: 2204 W. Gore. Blvd. (248-5050)

(O) Discussion Sun. 10 am

(C) Big Book Study Mon. Noon-NS

(O) Discussion 7 pm

(O) Daily Reflections Tue. Noon-NS

(C) Big Book Study 7 pm-NS

(C) Twelve & Twelve Wed. Noon-NS

(C) Step Study 7 pm-NS

(O) As Bill sees it Thu. Noon-NS

(C) Discussion 7 pm-NS

(O) Spirituality Fri. Noon-NS

(O) Women's 5:30-NS

(O) Candlelight 10 pm

(O) Discussion Sat. Noon-NS

(O) Speaker's Meeting 7 pm-NS

Last Saturday of each month * Birthday Night * Pot Luck * Bring Covered Dish * Dinner at 6:00 pm.

Walters Hometown/Tolerance Group

Meets: First United Methodist Church, Walters

(O) AA Tue. 8 pm-NS

(C) AA Thu. 8 pm-NS

Way Out Group

Meets: Presbyterian Church 13th & A Avenue (580-591-3750)

West Side Entrance

(O) Big Book Study Mon. 8 pm-NS

(C) Card Study Tue. 8 pm-NS

(C) Step Study Wed. 8 pm-NS

(C) Discussion Thu. 8 pm-NS

(O) Speaker's Meeting Sat. 8-9:30-NS

Last Saturday of each month * Birthday Night * Potluck * Bring Covered Dish * Dinner at 6:30 pm